

DRAGI ČITAOCI,

Zajedno smo ušli u šestu godinu postojanja časopisa "Sportske nauke i zdravlje". Naš Časopis je od ovog broja indeksiran i u međunarodnoj citatnoj bazi Erih plus. Broj prijavljenih radova je sve veći, a isti se mogu slati putem online obrasca na redizajniranoj web stranici Časopisa www.siz-au.com.

U ovom broju ćete pronaći zanimljive članke autora iz pet država. Isti obrađuju različite teme sa zanimljivim istraživanjima, a koja se odnose na procjenu aktivnog životnog stila studenata, rano otkrivanje i prevenciju gojaznosti kod mladih, odnosu posturalnog statusa stopala i eksplozivne snage donjih ekstremiteta, promjenama funkcionalnih sposobnosti pod uticajem rekreativnog plivanja, efekte kinezioloških aktivnosti na transformaciju morfoloških karakteristika i motoričkih sposobnosti kod žena, zdravstvenim pokazateljima kod fudbalera, hijerarhijsko struktuiranje ekspertnog modela za podučavanje osnovnog skijaškog zavoja i relacijama motoričkih sposobnosti i tehničko-taktičkih elemenata u stonom tenisu.

I na kraju neka nam vodilja bude misao Frensis Bejkona: "Lukavi ljudi preziru nauku, priprosti joj se dive, a mudri se njome koriste".

UREDNIŠTVO ČASOPISA

DEAR READERS,

This is the sixth year of the journal "Sports Science and Health". Since this edition, our journal is indexed and is part of the international ERIH PLUS database. The number of the papers is increasing, and they could be sent via online form on the re-designed web page of our journal www.siz-au.com

This issue has some interesting papers written by the authors from five countries. They analyze various topics with very interesting research, dealing with the evaluation of the scale of perception of active student life style, early detection and prevention of overweight in young people, relation between the postural feet status and explosive strength of the lower extremities, changes of functional abilities of women under the influence of recreative swimming, effects of kinesiological activities on transformation of the morphological characteristics and motor abilities of women, health indicator of the football players, hierarchical classification methodical model for teaching basic ski turn and relationship between motor abilities and technical and tactical characteristics in table tennis.

And for the end, let the motto of Francis Bacon lead you: „Crafty men condemn studies, simple men admire them, and wise men use them“.

JOURNAL EDITORIAL